Winter Wellie Walk

17 November, 2016

Dig out you wellies and unearth your walking boots and join us for our first ‘Winter Wellie Walk’!

The 4-mile circular walk is being organised by Headway Birmingham & Solihull to increase awareness and raise funds for the charity’s specialist brain injury services in the local area.

It will start in Barnt Green and pass through the beautiful countryside on the border of south Birmingham and North Worcestershire, taking in Bittel Reservoirs and the woods in Lickey. It also offers refreshment points at the start, middle and end of the walk.

Julie Wedgbury, Fundraising Manager at Headway Birmingham & Solihull, said: “The run up to Christmas is a hectic time for everyone but this is a chance to put plans on hold for a couple of hours and enjoy some fresh air and the local countryside on our doorstep.

“Of course in December, the route could be muddy, and that’s why we are calling it our Winter Wellie Walk!”

To continue the theme, the charity is running a ‘Design A Wellie’ competition in conjunction with the walk with a prize on offer for the most creative entry.

The walk starts at 10.30am on Sunday 4 December from the rear of The Victoria pub in Barnt Green and is £2 per person or £5 per family. Parking is available two minutes walk away at Barnt Green Social Club (B45 8BT) and Barnt Green train station is also only a couple of minutes walk away from the starting point. Maps for the walk will be provided.

*Cont….*

To register & get a ‘Design A Wellie’ competition sheet, email fundraising@headway-bs.org.uk or call **07483 173877**. Full details can also be found on the charity’s website at [www.headway-bs.org.uk/events](http://www.headway-bs.org.uk/events) .

**Ends**

**For more information**

Contact Julie Wedgbury in the Fundraising department at Headway Birmingham & Solihull at fundraising@headway-bs.org.uk or 0121 457 7541.

**About Headway Birmingham & Solihull**

Headway Birmingham & Solihull is a registered charity helping to improve the lives of those affected by brain injury in the local area. Its aim is to promote greater understanding of all aspects of brain injury and provide information, support and services to the person with the acquired brain injury as well as their family and carers. For full information, visit [www.headway-bs.org.uk](http://www.headway-wm-org.uk) .